City to refine rules after sidewalk fees mishap

MARISA GOTTESMAN

Fifteen property owners paid the city of Delray Beach thousands of dollars, expecting the money would go toward a fund that would allow the city to build a sidewalk where it is needed most.

Those residents paid the money in exchange for the city agreeing to let them keep their property without a sidewalk.

But there was a problem: Delray city commissioners couldn’t actually use the money to pay for sidewalks anywhere in the city. Commissioners recently took initial steps to change the city’s rules so they can collect money and use it to build sidewalks anywhere in the city.

“The original intent of this fee is a public benefit to extend sidewalks throughout the community,” said City Manager Don Cooper.

Currently, the city’s rules state that a property owner can pay a fee as a way to avoid installing a sidewalk in an area where sidewalks don’t exist. The city collects the money and stows it away for a time when the city might want the sidewalk to be built.

The fee that property owners are charged totals the cost of a sidewalk, typically ranging from $3,000 to $6,000.

Commissioners first discussed changing the rules to allow the money collected to fund citywide pedestrian- and bike-friendly projects in September 2014. A memo from a February commission meeting states city staff would bring forward a rule change.

But the rule never was altered, even though commissioners were under the impression it was.

Commissioners still are deciding what to do with the money the city already collected from the 15 property owners. Cooper said not all of about $60,000 owed to the city has been collected, and it will be up to commissioners to decide what to do with the money it has collected.

Some options include refunding the money; keeping the money for a time when the city wants the sidewalk installed; or asking the property owners if they are OK with the money being used.

Native landscaping can be as simple as planting a single shrub or as involved as re-creating an indigenous habitat. Small or large scale, the benefits reach beyond a city yard. Native landscaping strengthens the greater South Florida ecosystem by providing food and shelter for birds and butterflies. In the face of rising sea levels and climate change, natives boost migration outcomes for wildlife while reducing demands on natural resources.

“Native species are adapted to the precise climate, soils and other growing conditions unique to a given area,” said George Gann, chief...
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CRIME & SAFETY

The following information is provided by local jurisdictions and reported by Forum Publishing Group. These are selected incidents and not a complete listing.

THEFT – AUTO PARTS
Between Aug. 24 and 8 a.m. Aug. 25
1000 block of Dotterel Road
Someone took the battery out of a car in a parking lot and replaced it with a dead battery.

PETIT THEFT
Aug. 25, 9:58 p.m.
200 block of Southeast Second Street
Someone stole a six-pack of beer from a store.

THEFT – AUTO PARTS
Between Aug. 24 and 8 a.m. Aug. 25
1500 block of Augusta Circle
Someone stole a car using a spare key that had been stolen from another vehicle nearby earlier in the evening.

SUSPICIOUS INCIDENT
Aug. 25, between 9 and 9:30 a.m.
Ocean Boulevard
A couple was yelling at each other and making a scene in a beachfront restaurant.

ARMED ROBBERY
Aug. 24, 2:41 p.m.
4700 block of West Linton Boulevard
A bank robber used a handwritten note and a syringe to hold up a bank.

EXPLOITATION OF AN ELDERLY PERSON
Between Aug. 19 and Aug. 24
900 block of Dogwood Drive
The Department of Children and Families received allegations that a 77-year-old man was coerced into financial transactions.

GRAND THEFT AUTO
Aug. 25, 1:27 p.m.
1500 block of Augusta Circle
Someone stole a car using a spare key that had been stolen from another vehicle nearby earlier in the evening.

The following information is provided by local jurisdictions and reported by Forum Publishing Group. These are selected incidents and not a complete listing.

PETIT THEFT
Aug. 25, between 9 and 9:30 a.m.

GRAND THEFT AUTO
Aug. 25, 1:27 p.m.
1500 block of Augusta Circle
Someone stole a car using a spare key that had been stolen from another vehicle nearby earlier in the evening.

CRIMINAL MISCHIEF
Aug. 25, 10:56 a.m.
1400 block of North Federal Highway
Following a road rage incident, a man got off his motorcycle and kicked the reporting car.

DISTURBANCE
Aug. 24, 10:17 p.m.
First block of South

AGGRAVATED BATTERY
Aug. 24, 8:30 a.m.
First block of North

Certification
No changes to fire rescue services, Delray advises residents

Delray Beach wants residents to know no changes have been made to the city’s fire rescue services.

The city posted a memo on its website stating that some residents are receiving pre-recorded telephone messages that the city’s fire and emergency equipment and services could be transferred to Palm Beach County.

City officials have not made a decision to switch the service to the county. The recording states that certain Delray commissioners want to transfer the city fire department and ambulance rescue services to the county.

The message, which urges residents to call City Hall and tell the mayor and commissioners to oppose the transfer of services from the city to the county, states it was paid for by “Citizens for a Safe Delray.”

The robocall also says the city’s jobs and equipment would belong to the county and city residents would receive a new fire rescue service tax from the county.

It calls the deal “good for them,” referring to the county, and “bad for us” meaning the residents.

Delray Fire Rescue Capt. Kevin Saxton said the robocall was not initiated by the Fire Rescue Department or the union.

Also, Palm Beach County Fire Capt. Albert Borroto said he hasn’t heard of the calls and doesn’t know who is behind them.

FALL FESTIVAL
SELLS OUT

In a record-breaking 13 days, tickets to the Morikami Museum and Japanese Garden’s Lantern Festival are sold out. The event on Oct. 17 is inspired by Obon holiday honoring ancestors includes an evening lantern floating ceremony.

HIGH SCHOOL POETRY CONTEST

The Palm Beach Poetry Festival brings back its annual Palm Beach County High School Poetry Contest with the Delray Beach Center for the Arts. Between Oct. 1 and Dec. 1, any public or private high school student in the county can submit one original poem up to 30 lines long.

The winner will receive $100, and four runners-up will each receive $25. In addition, all five winners will receive tickets to the Coffeehouse Performance and a one-year subscription to Poets & Writers. The winning poems will be read at the festival’s award ceremony on Jan. 18, 2016.

For contest rules, visit PalmBeachPoetryFestival.org.

GIRLS’ NIGHT OUT FUNDRAISER

Benefit the Achievement Centers for Children and Families during the fourth annual Indulgence on Thursday in the Vintage Gym at Old School Square. Doors open for VIPs at 6 p.m. with a champagne reception followed by wine and hors d’oeuvres for all from 7 to 9 p.m.

Tickets are $100 for VIP access and $75 for general admission, with all funds benefiting ACCF, a community-based social service organization. It has a 45-year history providing childcare and after-school programs to almost 1,000 economically disadvantaged children and their families.

For tickets call Emma-Jane Ramsey at 561-266-0003 or visit DelrayIndulgence.com.
Delray Beach approves budget, property tax rate

Commissioners last week approved residents’ property tax rate and the city budget, which kicks in Oct. 1.

Residents will be charged $7.33 per $1,000 of assessed property value, meaning the owner of a $250,000 home with a $50,000 homestead exemption can expect to pay about $1,466 in city property taxes.

Those who own properties downtown will see an extra tax of $1 per $1,000 of assessed property value, meaning the owner of a $250,000 home with a $250,000 homestead exemption can expect to pay about $1,466 in city property taxes.

“We are talking about the real reasons why we tax and what we are doing with the money,” City Manager Don Cooper said the city will dip into about $3.5 million of reserves to balance the budget.

The city’s budget will total about $165 million. Of the total, about $114 million makes up the city’s general fund, which keeps the city running.

“I like what I see this year,” Commissioner Al Jacquet said of the budget. “We are talking about the real things downtown will see an extra tax of $1 per $1,000 of assessed property value, meaning the owner of a $250,000 home with a $250,000 homestead exemption can expect to pay about $1,466 in city property taxes.

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“I like what I see this year,” Commissioner Al Jacquet said of the budget. “We are talking about the real things
EDITOR’S NOTE
The aim of Forum Publishing Group’s Editorial Board is to craft opinions representing our papers’ stand on issues we think have an impact on our readers and the communities we cover. We welcome and encourage your feedback.

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Suntrust Bank – 302 East Atlantic Ave.
Lago Delray Clubhouse – 2400 Fiore Way
Delray Medical Center – 5352 Linton Blvd.
Poppies Restaurant & Deli – 4900 Linton Blvd.
So. Fla. Medical Supply – 4900 Linton Blvd.
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Letters must be signed with name clearly legible along with a phone number and complete address. No unsigned or anonymous letters will be considered for publication. The Forum reserves the right to edit the letters for spelling, grammar, news style, good taste and available space. Letters from the same author will not be published more than every 60 days. E-mails to columnists may be used as letters to the editor.
All letters to the editor should be sent to:
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Corrections
In the story, “Owner dishes on life with an Australian Shepherd” (Delray Forum, Sept. 9, 2015, page 10), the photo should have been credited as submitted.
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**FAST FACTS**

- Ralph Papa has been married to Theresa Papa for 51 years. They have three children and six grandchildren.
- He teaches private lessons at his downtown Delray studio and at Delray Beach Center for the Arts.
- Papa recently spent eight weeks painting in Italy and France, including rural areas where Van Gogh worked.
- Some of his works are exhibited in “Made in Delray,” currently at the Cultural Council in Lake Worth.

**Papa calls himself an “artist activist.” What makes him successful promoting artists?**

*Walter O’Neill, Director, Boca Raton Museum School*

He’s generous, he’s charismatic and there’s no ego in it. He’s out there for all of the artists to find success and enrich their lives and everyone else’s lives with art. It’s not a self-promotion but a promotion of art and all artists together.

**What type of work do you paint?**

*Ralph Papa, Artist, Co-Founder, Plein Air Palm Beach*

I paint predominantly in oil, but also in water color and acrylic. I’ve been painting my whole life. I’ve always had a knack for it and a love for it. Until the early 1980s, I did studio work. When some artists introduced me to plein air painting I found a love for that; we painted by the ocean in the Hamptons and the Hudson River Valley. Since I grew up in Manhattan, I can appreciate the solitude and beauty of it.

**How did Plein Air Palm Beach get started?**

*Donna Walsh and I co-founded the group about five years ago. We both had websites and combined them into a joint effort. We are on PleinAirPalmBeach.com and Meetup.com/PalmBeachArtists. We have 400 members now. About six months ago we became a nonprofit. I have never seen such a positive, wonderful group of people.*

**How does the group foster Plein Air painting?**

We want to reach those with all levels of painting experience and get them to come outside. Painting outside can be intimidating when you’re alone, but in a group it’s fun. And it’s a good way to learn about the most beautiful places in the county from Jupiter to Boca Raton.

**What are the group’s latest projects?**

We’re painting historic locations in Delray. The artworks will be part of the society’s “Nostalgic Delray” display in November.

**What are the Plein Air artists painting?**

*We’ve already done the Sundy House, the old train station and many turn-of-the-century homes. Also, I encourage homeowners to get involved. Many of our members are good at home portraits. Homeowners can look at an artist’s work in albums on our website and maybe commission a work.*

**What’s next for Plein Air Palm Beach?**

Plein air is really taking off. In January, the Cornell Museum is putting on a plein air exhibit. Also, our annual Everglades Day at the Loxahatchee Wildlife Refuge draws about 5,000 people to an open house and sale. In the future, we hope to paint the Old Floresta historic homes in Boca Raton.
While we adults are busy teaching our children all we know about survival and finding success in a complicated world, our kids have plenty to teach us, as well. You probably know this is true if you’ve ever consulted a youngster for help with your new computer, cell phone, tablet, or even that new appliance, with pages of intimidatingly incomprehensible set-up directions. An effortless understanding of today’s technology seems to be in the DNA of the young… while those of us who are no longer young fight off the urge to take a baseball bat to mean-spirited computers and other alleged technological advances. So, it’s in this spirit of being open to that which comes from the realm of the young that I am here to advocate for the end of the handshake and the introduction of the fist bump.

Let’s face it: the world is one very unhealthy place. Germs. We can’t see them, but they’re there. Just ask those Native Americans who were given smallpox infected blankets by those friendly colonists.

Researchers, it seems, have been hard at work measuring the amount of germs we pass on to each other when we high-five, shake hands and fist bump. The fist bump, immortalized by Michelle and President Obama after his first inauguration speech, turns out to be the safest way to make contact. Is that why our kids have been doing it? No matter. Scientists have run experiments covering their gloved hands with E. coli virus, and then executing the various methods of greeting. Their findings: high doses of bugs were passed during a handshake, but that amount was reduced by more than half when a high-five was employed instead. Then, even more hygienic was the fist bump, which further reduced the amount of germs being passed on.

Of course, none of this was news to the World Health Organization, which has advocated the use of an “elbow bump” as a germ-free greeting since 2006. Then, some academics must have been watching their kids, when the fist bump was suggested as an antidote to the H1N1 “swine flu” epidemic in 2009. Since then, researchers from Aberystwyth University have confirmed that a fist bump greeting reduces the spread of germs by a whopping 90 percent, making it the cleanest greeting yet. (Right now, in Africa, the “Ebola elbow” greeting has been proposed—which may seem odd when considering that the World Health Organization has been advocating coughing into those elbows for the last five years. Perhaps, we’re to cough into the left elbow while “greeting” with the right?)

I wonder how the good folks at FOX News are taking this. Remember how they relentlessly railed against the Obamas for their “terrorist fist bump”? If we assume that they read and are aware of events in the news, then can we expect a retraction of their attack on the Obamas? Will they run a story about how this gesture, adopted from the young, can lead to a healthier society, one where germs are not spread as freely as before? Will the threat of renewed Ebola in our midst have the FOX News crowd actually thanking the Obamas for modeling such comparatively risk-free contact? Don’t hold your breath.

If we could get into our time machines and travel back hundreds of years, we might see people greeting each other by bowing, making no physical contact whatsoever. I don’t think we’re ready to adopt that custom. Do you? Now, the question is this: Will we see the day when a relatively hygienic fist bump greeting is the norm, exchanged between business executives, heads of state and wedding guests? Can you imagine Pope Francis fist bumping his way through Vatican Square? And if this happens, we can thank our teenagers for turning us all on to a new, accepted and healthier norm in society.

WALK TO END ALZHEIMER’S

Over 5 million Americans live with Alzheimer’s disease and it is the 6th leading cause of death in the U.S. It not only affects those who have it, but their loved ones as well.

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“The Lord isn’t really being slow about His promise, as some people think” (2 Peter 3:8).

Waiting on God is not easy, especially when weeks turn into months and months turn into years. People who desperately need something from God can probably relate. Just ask a single person who wants a spouse, a couple who desires children, an unemployed individual who is praying for a job, or someone who is sick and believing in God for miraculous healing.

God is not unaware of our human wants or needs. He has dealt with them for more than 2,000 years. Women like Sarah, Rebekah, Rachel and Hannah cried out to God when they could not conceive. They were barren for many years before God finally answered them, some of them bearing children at an old age. They could not credit anyone but God for their miracles, because they had tried everything to no avail.

Men like David, Joshua, Gideon and Elijah asked God to give them victory before they went into battle. God did not provide them with weapons of mass destruction or big armies; He enlisted their faith and His divine agency to help them defeat their enemies.

When it was all said and done, God was the only one deserving of all the glory.

The biblical accounts of these saints reveal that God is both consistent and unpredictable. In essence, we will never know the time or day that He will come through for us, but we can rest assured that He is faithful to keep His promises: “I am the Lord, and I do not change” (Malachi 3:6).

Throughout His ministry, Jesus responded to the needs of people, and sometimes, He did so when it was seemingly too late. There was a man named Jairus whose only daughter was dying. She was 12 years old.

When He saw Jesus walking by, Jairus fell at His feet. He pleaded for Jesus to visit his home and heal his daughter. Jesus followed Jairus while a crowd of people surrounded Him.

As they were walking, a woman who had been hemorrhaging for 12 years came up behind Jesus and touched the hem of His robe. Immediately, the bleeding stopped. Jesus turned around and asked, “Who touched me?” Everyone denied it. But Jesus replied, “Someone deliberately touched me.” Finally, the woman came forward and admitted that she had touched Him. Jesus said to her, “Daughter, your faith has made you well. Go in peace.”

While Jesus was still speaking to the woman, a messenger approached Jairus to inform him that his daughter had died. When Jesus heard this, He told Jairus, “Have faith, and she will be healed.” He went to Jairus’ home, where He found people weeping and wailing. He told them to stop crying, because the little girl was sleeping. The people laughed, but Jesus walked over to the little girl and shouted, “My child, wake up!”

Immediately, the girl stood up (read Luke 8:40-56).

Jairus’ need was not met right away, because the woman delayed Jesus’ journey to his house. Jairus could have surmised that the woman’s needs were more important to Jesus than his, especially after he was told that his daughter had died. But he never left Jesus’ side, complained or rushed him.

When it seemed like all hope was lost, Jesus was right there to renew his faith. He told Jairus that his daughter would be healed.

The woman had been suffering for 12 years. At some point, she may have believed her needs were not important to God. Yet, when she saw Jesus, she drew near to Him. She did not even ask Him for healing. She simply touched His robe as if to not bother Him. But still, Jesus stopped what He was doing to acknowledge her.

That is so like God to show up on our behalf no matter who we are or how we approach Him. His power is not limited to a time or place, and He does not play favorites. And most important, He is always on time, even when there are “delays.”

Columnist Ifonia Jean writes about everyday, local life from a Christian perspective. Email her at jzizzo@tribpub.com.

When the Gift of Life Bone Marrow Foundation launched its College Ambassador Program, Delray Beach native Christina Ocampo immediately applied.

The 21-year-old finance and marketing major admits to not knowing much about the program initially, but she was intrigued. After attending its three-day symposium last summer, she was a solid believer.

As part of the College Ambassador Program, Ocampo participated in World Marrow Donor Day on Sept. 19. The University of Miami senior recruited students on her campus to be listed on the bone marrow registry.

“Down the road, if I get a call that I registered someone who was a match and saved someone’s life, that would be the greatest feeling,” Ocampo said. Bone marrow and blood stem cell transplants are for patients with leukemia, lymphoma and other blood-related diseases.

At the summer symposium, 105 students from all 50 states learned how to run a bone marrow drive on their campuses. The training was put on by the Boca-Raton based foundation in an effort to engage young adults between the ages of 18 to 24.

Transplants utilizing bone marrow and blood stem cells from donors in this age category are generally the most successful. “We’re going to get the best population of potential healthy donors,” Ocampo said. In general, age 45 is the limit.

Signing up for the bone marrow register is surprisingly easy. A cotton swab is all it takes.

“We have cheek swab kits. It takes 60 seconds. I instruct the person to swab the four corners of their mouth. They place the cotton swabs in the envelope and seal it,” Ocampo said. The only contact information needed is a name and email address.

Through World Marrow Donor Day, Gift of Life also hopes to educate the public. Modern donor procedures are less invasive today for bone marrow donors and recipients.

The most common way to donate is through a non-surgical process in which blood is drawn through a needle in one arm and passed through a machine, which collects only the blood forming cells. The remaining blood is returned to the donor through a needle in the other arm.

“Eighty percent of the time, it’s like giving blood,” Ocampo said. “Twenty percent of the time it’s like a bone marrow procedure. If I took a couple of days to recover, it would not be comparable to saving someone’s life.”

Ocampo plans to run additional donor drives on her Miami campus during the school year, as soon as she gets approval.

“Hundreds of lives will be saved because of our student ambassadors, and the drives they will be running during this academic year,” said Jay Feinberg, Gift of Life founder. “We are so pleased to be able to kick this program off on the first ever World Marrow Donor Day.”
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ENJOYING A FUN RUN Left, Gloria Safin plays a team-building game during the Recess Run, an original event that incorporates unique games into a new take on the traditional ‘fun run,’ except with a fitness twist, at Miller Park in Delray Beach. Right, Nigel Mann, of West Palm Beach, does some high-stepping.

STAFF PHOTOS / TODD ROLLER

MAKING ART Above, Sheila Wolff, of Boca Raton, paints. Wolff was one of about 20 artists from Plein Air Painters of Palm Beach County who painted historical homes and buildings along Swinton Avenue. Left, Anna Laroza, of Delray, chose to paint a historical home.

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Insurance workshops offer one-on-one assistance

- Informational workshops and assistance to learn about enrolling in the Affordable Care Act process are scheduled at Palm Beach County Libraries through Dec. 17.

Workshops occurring over the next two months include: 11 a.m. to 3 p.m. Friday at Okeechobee Boulevard Branch Library, 5689 W. Okeechobee Blvd., in West Palm Beach; 2 to 6 p.m. Oct. 22 at West Boynton Branch, 9451 Jog Road, in Boynton Beach; 11 a.m. to 3 p.m. Oct. 23 at West Boca Branch, 18685 State Road 7, in Boca Raton.

The initial workshop took place recently at Hagen Ranch Road Library west of Delray Beach conducted by representatives of the Health Council of Southeast Florida, including Marcia Hayden, lead navigator/project manager, and Nicola Chung, director of Enroll Palm Beach. Another presenter was Vicki Tucci Krusel, a Legal Aid Society attorney. The presenters gave information on how to apply for coverage and then provided one-on-one counsel to those in attendance.

Here is an overview of the sign-up process:

- To qualify you must live in the United States, be a U.S. citizen, national or non-citizen lawfully present in the U.S. for entire period of projected health coverage. A person cannot be currently incarcerated. Information required to provide includes: Personal identification (residence and contact information), household structure, social security number, alien registration number, citizen and immigration status, employer and income information for every member of the household who needs coverage (pay stubs, W-2), current health coverage status and American Indian/Alaskan Native status.

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- A person then selects a level of health care:
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  - Gold - Pays for about 80 percent of medical costs;
  - Silver - Pays for about 70 percent of medical costs;
  - Bronze - Pays for about 60 percent of medical costs;
  - Catastrophic - Covers only three primary care visits a year.

- Essential health benefits provided include: Ambulatory patient services, emergency services, maternity and...
Kravis Center needs volunteers for 24th season

In preparation for its 24th season kicking off next month, the Raymond F. Kravis Center for the Performing Arts is seeking volunteers.

“With over 400 volunteers, the Kravis Center knows that the show would not go on without the dedicated corps of people who donate their valuable time to the center,” usher coordinator Karole Cooney said in a statement. “While many volunteers have been with us since opening night, we are now seeking applicants to join the ranks and become an integral part of this vibrant theater.”

Volunteer opportunities are available for ushers, tour guides, data entry, the gift shop, the education department and the administrative offices.

To become an usher, applicants must complete a training course about the center’s operations, including learning about emergency evacuations, seating, show procedures and customer service.

The next volunteer orientation will be at the Kravis Center’s Rinker Playhouse at 10 a.m. Sept. 24.

The upcoming season includes: “Matilda The Musical,” “42nd Street,” “The Bridges of Madison County The Musical” and an array of drama, dance and music, including a three-concert series by Michael Feinstein and a performance by Yo-Yo Ma on Jan. 15.

Tel 561-651-4294.

For reservations, please call 800.897.9789
Delray Beach twirlers excel at international tournament

The South Florida Dynamics had plenty to be proud of from their performance at the International Cup baton twirling competition in Canada.

The Delray Beach-based squad brought home a bronze medal in its Group Division (10 to 20 twirlers) at the event in Abbotsford, British Columbia.

The Dynamics incorporated dance, gymnastics, baton aerials and exchanges in the final round.

The International Cup also featured individual events, and the Dynamics’ Lindsey Finkel captured a gold medal in the three baton and the artistic twirl and a silver for pairs with her sister, Carly. Curt Burrows also won gold in the three baton while securing a silver for solo.

The Dynamics, composed of 16 athletes ages 14 to 23, qualified for this opportunity at the national competition in July 2014. Jeanne Chwalik coaches the group.

“The twirlers had the performance of their lives. It was flawless,” Chwalik said. “The competitive team that attended [the International Cup] consisted of our senior members.”

Chwalik said the group practiced at least four days per week during the summer.

“The twirlers and their families sacrificed social events and vacations in order to practice for the International Cup,” she said.

The Delray Beach-based South Florida Dynamics recently achieved a team bronze medal and various individual awards at the prestigious International Cup Baton Twirling competition in Canada. SUBMITTED PHOTO
Local football officials make playing the game safe

It’s football season, and there are no shortage of opportunities to play in South Florida. The American Youth Football League offers the chance for children ages 6 to 13 to play in Coconut Creek, Tamarac, Pembroke Pines, Cooper City, Miramar, Fort Lauderdale, West Pines, Weston, Plantation, Delray and Coral Springs.

But more importantly, the AYFL, along with other local leagues like it, offers the chance for young athletes to play contact sports safely. A recent study by Boston University looked at the brain scans of National Football League players who had begun playing tackle football before the age of 12. They found that those who began playing tackle football between the ages of 10 and 12 were more likely to struggle with cognitive functions such as planning, memory, and reasoning.

Those same players were also three times more likely to face “clinically meaningful-depression.”

But the AYFL is taking steps to make sure that doesn’t happen to their own players. “All of our [referees] are background checked. We require a state background check as well as concussion training for all of our refs,” said Joel Greenberg, vice president of the South Florida AYFL.

Each coach must complete and pass an online training course offered by the Center for Disease Control about how to prevent, deal with, and provide medical attention to a young person suffering a possible concussion.

“We would never do anything to endanger our kids, so having that proper training is vital,” Greenberg said.

“A lot of our refs are police officers. They know how important that training is.”

Additionally, the AYFL’s concussion policy states that coaches must report any possible player concussions to the league within 72 hours of the incident.

The player is not permitted to play until medically cleared by a doctor, and any coach who knowingly plays someone who has not been cleared is subject to game suspension.

The AYFL recently came under criticism from Martin Landin, a member of the Broward County Football Officials, earlier in the season when Landin claimed that the AYFL’s new officiating group, the Chester Smith Jr. Officials Association, were hiring referees who did not meet the AYFL’s standards.

The bylaws state that all referees must be screened before officiating any games.

“I’m confident that many of the officials used did not go through a background check,” Landin said previously.

But Greenberg said the accusation is nothing more than “sour grapes.”

“Unfortunately this is a case of sour grapes on their part,” Greenberg said.

“Chester Smith’s organization provided the AYFL with a sworn affidavit that all of their referees that will be working AYFL games have been screened in compliance with the background screening requirements as set forth under Florida law.”

Greenberg’s statements were backed up by two of the men in leadership positions with the Chester Smith organization.

Chester Smith said all of the officials in his organization are required to have level two background checks.

“I have officials who get them through the high school association, law enforcement, or the city of Miami Gardens,” he said.

Robert Smith, who works for the city of Miami Gardens, confirmed this and said that the background checks go back 10 years. They use the person’s fingerprint to check against a national database of arrests, warrants, and past crimes.

“About 45 [officials] have already come and gotten background checked,” said Robert Smith.

“You cannot have any violent felonies. The crime will come up even if you have had it expunged [from your record].”
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**Wednesday 23**

**Alzheimer’s and Dementia Caregiver Support Group**
First, third and fifth Wednesdays of every month. 2-4 p.m. Seacrest Presbyterian Church, 2703 N. Seacrest Blvd., Delray Beach. 561-330-3541. Visit alzcare.org.

**Belly Dancing**
Non-impact, weight bearing exercise that improves flexibility, burns fat, reduces stress and increases joint flexibility. 1-2 p.m. at the Hagen Ranch Road Branch Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-7500. Free.

**Lawn Bowling**
For adults on Wednesdays from 9-11 a.m. at Veterans Park, 802 NE First St., Delray Beach. Great sport that takes skill and practice. Call for tournament information. Free lessons available by appointment. Call 561-243-7350. $40 residents; $45 non-residents annually.

**Socrates Café**
Weekly discussion group facilitated by Claire Dratell and Don Clare (or rotating facilitators). 11:30 a.m. each Wednesday at the Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. 561-266-0798. Free.

**Temple Sinai Bingo Night**
Every Wednesday at 6 p.m. As much as $2,500 in prize money given out weekly. Temple Sinai, 2475 W. Atlantic Ave., Delray Beach. 561-266-0798. Free.

**Yoga**
Takes place on Wednesdays from 9-10 a.m. under the instruction of Colleen Edwards. Yoga postures help strengthen muscles that provide support and improves posture and balance. For adults. Veterans Park, 802 NE First St., Delray Beach. Call 561-243-7350. $10 residents; $15 non-residents.

**Thursday 24**

**Acrylics**
Takes place on Thursdays from noon-3 p.m. Nellie Blitzstein teaches techniques to beginners and advanced painters. Veterans Park, 802 NE First St., Delray Beach. Call 561-243-7350 for a list of supplies needed. $10 residents; $12 non-residents.

**Artists Alley Open Studios**
Warehouse arts in the Pineapple Grove Arts District between Northeast Third and Fourth streets, east of Third Avenue and west of the railroad tracks in Delray Beach. All the studios and galleries in the Artists Alley are open every third Thursday from 6-9 p.m. Visit artistsalleydelray .com.

**Empowerment Zone**
Patrons receive help with job searches, resume writing and access to E-Government services. Open from 1-4:30 p.m. on Thursdays at Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Create-speaking volunteer on site on Saturday. 561-266-0194. Free.

**Senior Bridge**
Thursdays from 1-4 p.m. at Veterans Park, 802 NE First St., Delray Beach. Experienced players welcome, partners not required. 561-243-7350. $15/year plus $1 per game for residents; $20 a year plus $2 a game for non-residents. Guests play for $2 per game.

**Stories & Scissors**
Children’s program takes place at 10 a.m. Thursdays at the Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. For children 4 years of age and older. 561-266-9490. Free.

**Thursday Fun Raiser**
The annual series of fundraisers continues to benefit local nonprofit organizations. The food at this Keys West-style fun raiser will be from Papa Tapas in Delray Beach and will benefit Plumosa School of the Arts. For information, visit edline.net/pages/plumosa Elementary School. Presented by Crane’s Beach House Boutique Hotel & Luxury Villas. Yoga Classes Takes place every Thursday from 12:15 to 1:15 p.m., with instructor Charlene Wilkinson, in the Mary Kupperle Fellowship Hall, Unity of Delray Beach, 101 NW 22nd St. 561-276-5796. Free.

**Zumba Gold**
Combines Latin-inspired dance music and includes Salsa, Flamenco and Merengue to improve health, balance, memory and posture. Takes place 9:30-10:30 a.m. Thursdays at Veterans Park, 802 NE First St., Delray Beach. Instructor is Elynn Jonas. Call 561-243-7350. $5 residents; $6 non-residents.

**Friday 25**

**Artists Garage**
Blues vocalist Lauren Mitchell perfoms at 8 p.m. on Friday at the Artists Garage, 180 NE First St., Delray Beach. $25 general admission; $30 reserved seat; $35 premium seating and $162 and $189 for premium and reserved tables. 561-450-6357.

**Balkan by the Beach International Folk Dance**
For all ages, 1-3 p.m. Fridays at the Cottage Museum, 5 NE 1st St., Delray Beach. $20 residents; $25 non-residents.

**Boston’s On the Beach**
The Samantha Russell Band plays at 9 p.m. Friday at Boston’s On the Beach, 40 S. Ocean Blvd. (AIA), Delray Beach. 561-278-3364 or visit BostonsoftheBeach.com. Cover $5-$10.

**Sons of the Devil to Flight**
Music of Schutz, Handel and Praetorius with Counter-Tenor Rob Crowe with II Furioso on period instruments at St. Paul’s Episcopal Church on Friday at 3 p.m. 188 S. Swinton Ave., Delray Beach. $15 requested donation; $20 preferred seating; $5 students. Online purchase option is music.stpaulsdelray.org or by calling 561-276-4541.

**Zumba Gold**
Combines Latin-inspired dance music and includes Salsa, Flamenco and Merengue to improve health, balance, memory and posture. Takes place 9:30-10:30 a.m. Thursdays at Veterans Park, 802 NE First St., Delray Beach. Great sport that takes skill and practice. Call for tournament information. Free lessons available by appointment. 561-243-7350. $40 residents; $45 non-residents annually.

This exhibit, on display through Saturday, Oct. 31, and features the works of 17 local artists. Cultural Council of Palm Beach County, 601 Lake Ave., Lake Worth. The artists capture the beauty of their hometown and express unique talents as artists and sculptors. Preview party is 5:30-7:30 p.m. Sept. 10. To reserve a ticket, call 561-472-3341 or email dcalabria@ palmbeachculture.com. To contact the Council, call 561-471-2901. Free to members and $20 for non-members.

**Duplicate Bridge**
Meets weekly 6:15-9:30 p.m. Wednesdays at the Shirley and Barton Weisman Delray Community Center-Ruth and Norman Rales Jewish Family Services, 7901 W. Atlantic Ave., Delray Beach. Singles and doubles. 561-558-2100. Free.

**Knit & Crochet with Project Linus**
Knit and crochet with others on Wednesdays at 10:30 a.m. at the Hagen Ranch Road Branch Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-7500. Free.
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ARTS GARAGE MIXES MUSIC, COMEDY, SPOKEN WORD, DANCE AND LIVE ART IN ITS NEW OPEN MIC TALENT SHOWCASE. DUBBED ALCHEMY, EVERY OTHER TUESDAY EMCEE IAN CAVEN WILL WHIP UP A BIT OF MAGIC.

“It’s an all-arts access showcase,” he said. “Like any other open mic, all are welcome. It will take the shape of the community. It’s a blank slate. We have a road map, but plan on taking plenty of detours and side streets.”

As each night’s lineup takes shape, Caven will curate a harmonious show from whatever blend of poets, rappers, singers and comedians are in the house.

“It’s a bit of a variety show,” he said. “These elements come together and you create something new that people didn’t expect. The moniker Alchemy derives from creating something totally new and universal.”

The British-born Caven knows how to conjure a performance. He brings 20 years of experience in the arts, starting with his Atlanta days at the Funk Jazz Café. Most recently, he’s led the open mic series, Lyrics Lab, at Bailey Contemporary Arts in Pompano Beach.

Caven is a partner with Drew Tucker in the band Plaid Blazer, and he’s putting a two- or three-piece band on Alchemy’s stage. It offers a unique spin. Artists can choose musical accompaniment, whether it’s rap, hip-hop or classic pop.

“It gives the acts more tools to express themselves,” Caven said. “We have musicians that can play just about any song by ear.”

Live art is another unique addition to Alchemy. At 8 p.m. painters will tackle a blank canvas near the stage. By the end of the evening, they’ll present a finished piece.

Caven hopes the mixture spurs support for the arts community. Performance artists gain exposure and gigs. Visual artists generate sales.

“It’s such a cool concept,” said Alyona Ushe, CEO and president of Creative City Collaborative, which manages Arts Garage. “Ian is a great visionary with a passion for the arts and working with emerging artists.”

Alchemy took shape as Arts Garage expanded over the summer with its move into the former Puppetry Arts Center’s space. Remodeling is ongoing. But the black box theater that anchors Alchemy is in place.

It has a “natural, welcoming feel,” Ushe said, and serves as a combination gallery and performing space.

Caven sees Arts Garage’s reputation for providing quality entertainment, while staying on a grassroots level, as the perfect base for Delray’s open mic.

“It came about out of necessity,” Caven said. “In Delray and a lot of inner city areas, there is a lot of talent, and they’re looking to get that talent out.”

Alchemy is in the Arts Garage at 180 NE First St., Delray Beach. Tickets are $10. The next two open mic events are on Sept. 29 and Oct. 13. For tickets and information, visit ArtsGarage.org.
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**Arts Garage**

Eldar Djangirov Trio plays jazz at 8 p.m. Saturday at Arts Garage, 180 NE 1st St., Delray Beach. $25 general admission; $35 reserved; $45 premium, $189 reserved table for six and $243 premium table of six. 561-450-6357.

**Boston’s On The Beach**

The Amber Leigh Band plays at 2 p.m. and The Livesays perform at 9 p.m. at Boston’s On The Beach, 40 S. Ocean Blvd. (A1A), Delray Beach. 561-278-3328 or visit BostonsontheBeach.com. Cover $5-$10.

**Cocaine Anonymous**

Takes place every Saturday 6-7 p.m. in the Mary Kupferle Fellowship Hall, Unity of Delray Beach, 101 NW 22nd St. Big Book Study and Open discussion meeting. 561-276-5796. Free.

**Harmony Without Borders**

Boca Raton-based Imagination Children’s Foundation presents a concert event with more than 60 musicians from three countries. Saturday at 7 p.m. at the Delray Beach Center for the Arts/Crest Theatre, 51 N. Swinton Ave. Tickets are $25 and $48; VIP is $65. 561-243-7922 or visit HarmonywithoutBorders.com.

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Connecting downtown to Delray Marketplace (Lyons Road) the bus loop is on Saturday, from 6-11 p.m. Free trolley service to at least eight participating restaurants/bars, and a drink card for one free drink at each venue. Delray Beach Center for the Arts, 51 N. Swinton Ave. http://busloop.org. $20 pre-pay; $25 after today; $35 at check in. 561-243-7922.

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**Continued from 19**

The rule change will be back for a public hearing and final approval on Oct. 6. It is unclear when commissioners will make a final decision about the money the city already collected.
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**Upcoming:**
- Oct. 23 at 8 p.m. at the First Presbyterian Church, 2331 N.E. 26th Avenue, Pompano Beach; Oct. 24, 8 p.m. in Miami (venue to be announced), and Oct. 25 at 4 p.m. at the Robert’s Theater at Saint Andrew’s School, 3900 Jog Road in Boca Raton.

The Master Chorale of South Florida and The SYMPHONIA | Boca Raton present Mozart’s Requiem. Tickets are available at masterchoraleofsouthflorida.com.

Presented by the Allegro Society. Guests will have an opportunity to listen to a portion of The Symphonia’s rehearsal. This insider experience will be followed by a box lunch with Symphonia musicians and guest artists. Conductor Alastair Willis will speak about the weekend’s concert.

- Dec. 6 - 3 p.m. - Alastair Willis, guest conductor, and Charles Wetherbee, violin soloist, will present a ‘Gypsy Airs’ Program. The concert will feature Kodaly, Mozart and Beethoven.
- Jan. 8 - Conductor David Kim will give a preview of the Sunday concert. He and oboe soloist John Dee will speak about the concert which will be presented on Jan. 10.
- Jan. 10 - 3 p.m. David Kim, Guest Conductor and Violin Soloist, and John Dee as Oboe Soloist will present a ‘Celebrate The Seasons’ Program. The Symphonia will perform Bach, Pachelbel and Piazzolla.
- Feb. 5 - Conductor Alexander Platt will speak about the weekend’s concert. Piano soloist Alexandre Moutouzkine will provide insights to Faure’s ‘Ballade’ which he will perform on Feb. 7.
- Feb. 7 - 3 p.m. Guest Conductor to be announced and Alexandre Moutouzkine, Piano Soloist, will present a ‘From Paris to Prague’ Program. The Symphonia will perform Copland, Poulenc, Faure and Mozart.
- March 20 at 3 p.m. - Gerard Schwarz, Guest Conductor, and Misha Dichter, Piano Soloist, will present ‘A Tribute to the Masters’ Program. The Symphonia will perform pieces by Beethoven, Ives and Mendelssohn.

Each Box Lunch It event costs $35 or all three luncheons for $100. Tickets are available at thesymphonia.org or call 866-687-4201. All season 2015-16 concerts will be at the Roberts Theater at Saint Andrew’s School, 3900 Jog Road in Boca Raton.

On the day of each Connoisseur Concert, from 2 to 2:30 p.m., a pre-concert conversation will take place with the conductor or guest speaker, which will be an opportunity to learn more about the pieces that are to be performed that afternoon. There is no charge for concert ticket holders to attend.

**The 2016 Connoisseur Concerts in Palm Beach Gardens**

Jan. 9: 8 p.m. David Kim, guest conductor and violin soloist and John Dee as oboe soloist will present a ‘Celebrate The Seasons’ Program. The Symphonia will perform Bach, Pachelbel and Piazzolla.

March 22: 8:00 p.m. Gerard Schwarz, Guest Conductor, and Misha Dichter, Piano Soloist, will present ‘A Tribute to the Masters’ Program. The Symphonia will perform pieces by Beethoven, Ives and Mendelssohn.

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**A Healthy Start to the Holidays**

**A Free Community Event**
Friday, November 6, 2015
9:00AM - 3:00PM
South County Civic Center
16700 Jog Road, Delray Beach, FL

- **Health screenings**
- **Exhibitor booths with products, health, travel, financial planning & entertainment info**
- **Free complimentary coffee, muffins and Danish for breakfast**
- **Free complimentary lunch**

**FREE Seminar Schedule:**

10AM - 10:45AM
Start a Healthy Plan for your Retirement
Norman Stolak

11AM - 11:45AM
Reduce Stress, Pain and Body Fat. Simple Solutions!
Deborah Paiva, BCC (Board Certified Coach)

12PM - 12:45PM
Easy Exercise, Fitness & Nutrition for the Holidays
Presented by Q

1PM - 1:45PM
Florida Travel During the Holidays
Seth Wirshba

Call 954-574-5341
for exhibitor or sponsorship information

New On Sale

**Gwar** With Born of Osiris, Battlecross 7:45 pm
Nov. 27. Revolution Live. $20-$31.25.

**Kansas** 8 pm Dec. 4. Parker Playhouse.
$48-$88.50.

**Sebastian** 8 pm Jan. 9. Broward Center.
$32.50-$50.15

**Coming Up**

**Nick Jonas** 7:30 pm Sept. 27. Fillmore.
$38.50-$106.

**Kraftwerk** 8 pm (sold out) & 11:30 pm (added) Sept. 29. Olympia Theater at Gusman Center.

**Collective Soul** 7 pm Oct. 1. Revolution Live.
$29.50-$42.50.

**alt-J** With San Fermin 8 pm Oct. 1. Bayfront Park, 301 N. Biscayne Blvd.

**Marc Anthony** 8 pm Oct. 2 & 3. AA Arena.
$61-$227.75.

**Oddball Comedy Fest**

With Aziz Ansari, Amy Schumer 5 pm Oct. 2. Perfect Vodka Amphitheatre.
$18.75-$118.80.

**Brad Paisley** With Justin Moore, Mickey Guyton Oct. 3. Perfect Vodka Amphitheatre.
$19.75-$76.25.

**D’Angelo & The Vanguard**

9 pm Oct. 6. Fillmore. $59.50-$119.

**Ani DiFranco** 7:30 pm Oct. 6. Culture Room. $25, $32.10.

**Blood, Sweat & Tears**

With Three Dog Night’s Chuck Negron, Mark Farner 7 pm Oct. 8. Pompano Beach Amphitheatre, 1801 NE 6th St. Ticketmaster.
$28-$73.20.

**Ill Points Music, Art & Technology Festival**


**John Cleese & Eric Idle** 7:30 pm Oct. 10. Fillmore. $59.50+

**Walk the Moon** 8 pm Oct. 13. Fillmore.
$29.50-$58.

**Buddy Guy** 8 pm Oct. 15. Hard Rock Live.
$30-$64.85.

**Zedd** With Dillon Francis, Alex Metric 7 pm Oct. 16. Bayfront Park.
$40, $54.75.

**Juan Gabriel** 9 pm Oct. 16. AA Arena.
$65-$285.35.

**Alvin and the Chipmunks: Live on Stage!**

3 & 7 pm Oct. 16. Arshl Ziff. $29-$49.

**Korn** With Suicide Silence, Islander 8 pm Oct. 16. Fillmore.
$49.50-$84.75.

**Warren Haynes** 8 pm Oct. 22. Fillmore.
$29.50-$52.50.

**George Winston**

With San Fermin 8 pm Oct. 24. Perfect Vodka Amphitheatre.
$25.50-$87.70.

**McDonalds**

$29-$49.

**Cheap Trick** 8 pm Oct. 24. AA Arena.
$30-$64.85.

**Korn** With Suicide Silence, Islander 8 pm Oct. 16. Fillmore.
$49.50-$84.75.

**Cheap Trick** 8 pm Oct. 24. AA Arena.
$30-$64.85.

$55-$92.70.

**Ricky Martin** 8 pm Oct. 24. AA Arena.
$23-$148.45.

**Jason Aldean**

$25.50-$87.70.

**Ricky Martin** 8 pm Oct. 24. AA Arena.
$23-$148.45.

**Taylor Swift**

7:30 pm Oct. 27. AA Arena.
$36.50-$223.80.

**Margaret Cho**

7:30 pm Oct. 30. Fillmore.
$29.50-$63.

**Bill O’Reilly/Dennis Miller**

7:30 pm Nov. 7. Hard Rock Live.
$65-$143.70.

**Chance the Rapper**

8 pm Nov. 7. Fillmore.
$37.50-$61.

**America and Three Dog Night**

8 pm Nov. 12. Hard Rock Live.
$40-$75.10.

**Jason Derulo**

8 pm Nov. 13. Hard Rock Live.
$40-$82.45.

**Zac Brown Band**

7 pm Nov. 15. Perfect Vodka Amphitheatre.
$27.50-$101.30.

**George Winston**

8 pm Nov. 19. Delray Beach Center for the Arts. $55, $77.

**Daryl Hall and John Oates**

8 pm Nov. 28. Hard Rock Live. $50-$97.85.

**Craig Ferguson**

8 pm Dec. 3. Fillmore.
$35-$74.50.

**Juanes**

7:30 pm Dec. 4. AA Arena. $40.50-$118.30.

**Michael McDonald**

8 pm Dec. 17. Hard Rock Live. $25-$60.90.

**Peter Yarrow**

8 pm Jan. 14. Delray Beach Center for the Arts. $55, $77.

**Women of Faith**

Jan. 29-30. BB&T Center. $99-$223.

**Dolin Hay**

8 pm Jan. 29. Parker Playhouse.
$27.50-$58.41.

**Tom Rush**

8 pm Feb. 10. Delray Beach Center for the Arts. $55, $77.

**Gary Clark Jr.**

8:30 pm Feb. 19. Fillmore.
$36.50-$62.

**Roger McGuinn**

8 pm March 11. Delray Beach Center for the Arts. $55, $77.

**Iggy Azalea**

With Nick Jonas, Tinashe. 7:30pm Oct. 24. AA Arena.
$27.50-$58.41.

**Rod Stewart**

7:30 pm Oct. 26. AA Arena.
$36.50-$223.80.

**Join the Arts**

$55, $77.

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**Miami Open**

3 days, $37.50-$223.80.

**Usain Bolt**

8:30 pm Nov. 10. Fillmore.
$18.75-$118.80.

**Madonna**

8 pm Nov. 12. Hard Rock Live. $40-$386.60.

**Christine and the Queens**

7:30 pm Nov. 16. AA Arena.
$27.50-$101.30.

**Barbra Streisand**

7:30 pm Dec. 19, 20. AA Arena.
$77.

**Gary Clark Jr.**

8:30 pm Feb. 19. Fillmore.
$36.50-$62.

**Roger McGuinn**

8 pm March 11. Delray Beach Center for the Arts. $55, $77.

**Rescheduled**

**Iggy Azalea**

With Nick Jonas, Tinashe. 7:30 pm Oct. 17 at AA Arena.
$39.50-$86.15.

**Madonna**

8 pm Jan. 23 & 24. AA Arena.
$40-$386.60.
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The Palm Beach Gardens Concerts will take place at the Eissey Campus Theatre, 11051 Campus Drive, Palm Beach Gardens. For ticket information, contact the ticket office at 561-207-5900, or email fabera@palmbeachstate.edu.

The Writer’s Studio
Weekly morning writer’s program at 10 a.m. Saturday at the Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Call Howard Gleichenhaus at 561-243-2662 for information. $5/person; children under age 14 free.
Boston's On the Beach
Crazy Fingers, a Grateful Dead tribute band, plays from 7:30 p.m. to 11 p.m. each Sunday. Boston's on the Beach, 40 S. Ocean Blvd. (AIA), Delray Beach. 561-278-3364 or visit BostonsontheBeach.com. Cover $5-$10.

Single Senior Nature Walk
For single seniors age 65 and older. Meet new friends and see nature at its finest during a morning nature walk at 9 a.m. on Sundays and Tuesdays at Wakodahatchee Wetlands, 13026 Jog Road, Delray Beach. For information, call 561-499-5222.

Monday 28
ACBL Sanctioned Duplicate Bridge
Sanctioned ACBL duplicate bridge games are held Monday through Thursday at 12:30 p.m., and Sunday at 1 p.m. at Temple Sinai, 2475 W. Atlantic Ave., Delray Beach. Lunch included. Frequent special games with extra master points. 561-276-8071. The cost is $10.

Arthritis Foundation Life Improvement Program
Chair Yoga for all ages on Mondays, 8:30-9:30 a.m., at Veterans Park, 802 NE 1st St., Delray Beach. Developed by Arthritis Foundation. Low impact. Gentle range of motion exercises. 561-243-7350. $6.

Boston's On the Beach
Reggae Night at Boston's on the Beach, 40 S. Ocean Blvd. (AIA), Delray Beach. 9 p.m. All night drink specials, no cover for ladies and $5 bottomless Bacardi drinks from 9-11 p.m. 561-278-3364 or visit BostonsontheBeach.com. Cover $5 – no cover for college students with ID.

Chi Kung & Meditation
For all ages, this program balances body, mind and spirit. 11 a.m.-noon Mondays at Veterans Park, 802 NE 1st St., Delray Beach. Instructor is Ken Marx. 561-243-7350. $15 residents; $16 non-residents.

Crafting With Spirit
Classes with Rev. Hallie. 7-9 p.m. Mondays at the Kupferle Fellowship Hall at Unity of Delray, 101 NW 22nd St., Delray Beach. 561-276-5796.

Crest Theater Gallery Exhibit 2015
Juried Fine Art by Delray Art League members. 51 N. Swinton Ave., Delray Beach. Weekdays 8 a.m.-5 p.m. Visit http://delrayartleague.com.

Empowerment Zone
Patrons receive help with job searches, resume writing and access to E-Government services. Open 1-4:30 p.m. Mondays at Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Creole-speaking volunteer on site on Saturdays. 561-266-0194. Free.

Got Gaming?
Test your skills against the competition Mondays at 5:15 p.m. at the Delray Beach Public Library, 100 W. Atlantic Ave., Delray Beach. Presented by Young Adult Librarian Loanis Menendez-Cuesta. 561-266-0789. Free.

Insulin Dependent Diabetic Support Group
Learn more about diabetes and how to live successfully with the disease from educated moderators and fellow sufferers. 7 p.m., the third Monday of the month. For Type 2, Type 1 and pump users, this group meets at the front cafeteria at the Delray Medical Center, 5352 Linton Blvd. 561-731-4321. Free.

Type 2 and Pump Users
This support group meets at 7 p.m. on Monday in the front cafeteria of the Delray Medical Center 5352 Linton Blvd. For information call Todd Simmons at 561-731-4321. Free.

Tuesday 29
Alcoholics Anonymous Meetings
Take place at 7:30 p.m. Tuesdays and 5:30 p.m. Wednesdays at the Mary Kupferle Fellowship Hall, Unity of Delray Beach, 101 NW 22nd St. 561-276-5796. Free.

Alzheimer's Caregiver Support Group
Meets every fourth Tuesday from 6-7:30 p.m. at Hagen Ranch Road Library, 14350 Hagen Ranch Road, Delray Beach. Free. For information, call Alina Aiken at 954-588-1967.

Boca Scrabble Club
An official club of the North American Scrabble Players Association, the local club holds
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THURSDAY, OCTOBER 1 • 6:30–9:30 PM
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Meet Amanda Beard, seven-time Olympic medalist, who will host this fabulous pink event. Amanda will share her own breast cancer story as it relates to her family and overcoming life’s obstacles.

A night of cocktails, yummy tapas and so much more. We can all do our part in the fight against breast cancer and the Sun Sentinel Party in Pink is the event you don’t want to miss.

To purchase tickets, go to SunSentinel.com/PinkTix

Limited tickets available so get yours soon. All tickets must be purchased in advance. No tickets sold night of event. Must be 21 to attend. For more info, call 877-332-8499. General admission tickets also available: $45
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continued from 30

Chess Club
Join others enthusiasts for a challenging game. All levels welcome. Tuesdays from noon to 4 p.m. at Veterans Park, 802 NE 1st St., Delray Beach. For adults. Call 561-243-7350. $20 residents; $25 non-residents.

Church of the Palms Discussion Group
Current events, both domestic and international, are discussed every Tuesday from 10:30 a.m. to noon at the Church of the Palms, 1960 N. Swinton Ave., Delray Beach. 561-391-9690. $2 donation.

Line Dance with Roz and Nat
This program takes place 1:30-2:30 p.m. Tuesdays at Veterans Park, 802 NE 1st St., Delray Beach. For adults only. Learn new dances with all types of music from Latin, top 40, and country, to oldies and hip-hop. All dancers welcome, including beginners. 561-243-7350. $5.

Pickleball
The combination of badminton, tennis, racquetball and table tennis is played 9 a.m.-1 p.m. Tuesdays (intermediate), and Thursdays and Fridays (advanced), at the Delray Beach Community Center, 50 NW 1st Ave., Delray Beach. Wear tennis sneakers. 561-243-7250. $2.

Spanish in Practice: Intermediate
Practice speaking Spanish in conversation about food, travel, news and more. An intermediate knowledge of the language required. Tuesdays at 3:30 p.m. Hagen Ranch Road Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-7500. Free.

Poetry Workshop
Award-winning poet Stacie M. Kiner discusses the world’s finest contemporary and classic poetry. 2:30–4 p.m. Tuesdays at the Hagen Ranch Road Library, 14350 Hagen Ranch Road, Delray Beach. 561-894-7500. Free.

Zumba Gold
Games each Tuesday on the second floor of the Veranda Club, 6061 Palmetto Circle South (south of Powerline/Jog Road, off Palmetto Circle North). Prizes and refreshments. Call Elaine Adams at 561-409-2335; Hope Fox at 561-865-4942 or Jill Moreines at 561-499-3508. $2 for three games.

Wednesday, September 23, 2015
www.sun sentinel.com/delraybeach
DRF
Warm up the sukkah with soup

Sukkot kicks off the soup season in our family. I love to start each evening Yom tov meal with a warm and soothing soup. For daytime meals when it’s warm outside, I may make Chilled Mango Curry Soup or White Grape Gazpacho Soup.

Garnish creatively with fall ingredients: toasted pumpkin seeds, thick rustic croutons, or a lemon slice - Chag Sameach!

CREAM OF WILD MUSHROOM SOUP

Serves 6

This soup is smooth, creamy and really delicious. You can make it either pareve or even better as a dairy soup. This one is adapted from an Ina Garten recipe.

- 5 oz. fresh shiitake mushrooms
- 5 oz. fresh portobello mushrooms
- 5 oz. fresh cremini (or porcini) mushrooms
- 1 tbsp. olive oil
- 1 stick plus 1 tbsp. unsalted margarine or butter, divided
- 1 c. chopped yellow onion
- 1 carrot, chopped
- 1 sprig fresh thyme plus 1 tsp. minced thyme leaves, divided
- Kosher salt
- Freshly ground black pepper
- 2 c. chopped leeks, white and light green parts (2 leeks)
- 1/4 c. all-purpose flour
- 1 c. dry white wine
- 1 c. vanilla soymilk or pareve milk or half-and-half
- 1 c. pareve whipping cream or heavy cream
- 1/2 c. minced fresh flat-leaf parsley

Separate the mushroom stems, trim off any bad parts, and coarsely chop the stems. Slice the mushroom caps 1/4-inch thick and, if there are big, cut them into bite-sized pieces. Set aside.

To make the stock, heat the olive oil and 1 tbsp. of the margarine/butter in a large pot. Add the chopped mushroom stems, the onion, carrot, the sprig of thyme, 1 tsp. salt, and 1/2 tsp. pepper and cook over medium-low heat for 10 to 15 minutes, until the vegetables are soft. Add 6 c. water, bring to a boil, reduce the heat, and simmer uncovered for 30 minutes. Strain, reserving the liquid. You should have about 4 1/2 c. of stock. If not, add some water.

Meanwhile, in another large pot, heat the remaining stick of margarine/butter and add the leeks. Cook over low heat for 15 to 20 minutes, until the leeks begin to brown. Add the sliced mushroom caps and cook for 10 minutes, or until they are browned and tender. Add the flour and cook for 1 minute. Add the white wine and stir for another minute, scraping the bottom of the pot. Add the mushroom stock, minced thyme leaves, 1 1/2 tsp. salt, and 1 tsp. pepper and bring to a boil. Reduce the heat and simmer for 15 minutes. Add the soymilk or half-and-half, pareve cream or cream, and parsley, season with salt and pepper, to taste, and heat through but do not boil. Serve hot.

CREAM OF MUSHROOM
CROSSWORD PUZZLE

Across
1 Probably will
8 Come before
15 Like many a
16 With 12-Down,

19 1995 Hugo Award winner for Best Related Work
20 Opening segment
22 Deity skilled at archery
23 It has rail service to ORD and MDW
24 Hawaii’s Coast
25 Zippo
26 Amsterdam features
28 Meats-based sauce
30 Shades-wearing TV cousin
32 Score update phrase
33 Deck used for readings
34 Plucked instrument, to Vivaldi
35 What we’re made of, per 21-Down
37 Egg yung
38 Gas co., e.g.
39 Excuse for lateness
40 Lost it
41 Popular hanging-basket flower
42 Idyls
43 Ferocious Fleur
44 Google map, say
45 Not always the best roommates
46 Egg yung
47 Salon, for one
48 Shower component
49 Like some transfers
50 Threatening to steal, perhaps
51 Pulitizer playwright Zoë
52 “The Road to Wealth” author
53 Pester, puppy-style
54 Cpl., for one
55 Cause some nose-holding
56 Brown of publishing
57 Cyclotron bits
58 Clip
59 Lead
60 Discoverer of Jupiter’s four largest moons
61 Be supine
62 Lab tube
63 “__ seen the light!”

Down
1 970s Ford president
2 Show contempt for
3 52 Heroine in Auel’s “Earth’s Children” books
4 Tailless rabbit relative
5 Need site
6 One of the original Mouseketeers
7 “The Dragons of Eden” Pulitzer winner
8 “Yes, of course”
9 Assessment
10 Spanish pronoun
11 Make cutting remarks about
12 See 16-Across
13 Hockey Hall of Fame city
14 Former surgeon general C. __ Koop
15 Like some transfers
16 “__ seen the light!”
17 Going on, slangily
18 Stand for things
19 “The Road to Wealth” author
21 Hotel with 16-Across
22 Deity skilled at archery
23 It has rail service to ORD and MDW
24 Hawaii’s Coast
25 Zippo
26 Amsterdam features
28 Meats-based sauce
30 Shades-wearing TV cousin
32 Score update phrase
33 Deck used for readings
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63 “__ seen the light!”

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BY DON GAGLIARDO
EDITED BY RICH NORRIS AND JOYCE LEWIS
LOSE WEIGHT FAST!
(Secrets from Doctors and Nurses)

Doctors & Nurses
know the secret to quick weight loss!!

Dr. Stacy Furgang, DVM
Boca Raton
LOST 67 LBS!

Carolyn Ganter-Gordon
Pembroke Pines
LOST 53 LBS!

Dr. Nancy Lobby, MD
Lake Worth
LOST 51 LBS!

Jeff Baker
Weston
LOST 51 LBS!

Nicole Baxter, Nurse
Boynton Beach
LOST 63 LBS!

Rosa Santiago,
Jupiter
LOST 140 LBS!

Lisa Kasse,
Nurse Practitioner
Jupiter
LOST 38 LBS!

Michael Taplin,
Lake Worth
LOST 211 LBS!

Annis Sabotka, RN
Stuart
LOST 49 LBS!

Jeff Baker
Weston
LOST 51 LBS!

Rosa Santiago,
Jupiter
LOST 140 LBS!

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